

OFFICES:

At Montchavin:

5 rue de la Glisse, Montchavin, 73210 LA PLAGNE TARENTAISE At the bottom of the Les Coches telecabin +33 4 79 07 81 85

At Les Coches:

Place des Commersces, Les Coches, 73210 LA PLAGNE TARENTAISE In the middle of the village +33 4 57 37 18 85

> www.evolution2-montchavin.com montchavin@evolution.com

SKI SCHOOL

We are a little ski school with 10 instructors. Everybody speak English.

Our offices are at Montchavin, at the bottom of the Les Coches telecabin and at Les Coches at the middle of the village.

The meeting point is at Montchavin or Les Coches at 9:00, but after, it's always at Les Coches, at the top of the telecabin coming from Montchavin.

The medals and certificates are free at the end of the week.

The helmets are free for the week.

PRIVATE LESSONS:

The private lessons are especialy in the afternnon, because every instructor are in the group lessons in the morning. Except on Saturday and Sunday, it's possible in the morning.

The private lessons are for everybody, every level and differents activities: ski, snowboard, telemark, off-piste.

The prices are:

- 46 € / hour for 1 person outside the french holidays
- 54 € / hour for 2 people outside the french holidays
- 59 € / hour for 1 or 2 people during the french holidays
- 69 € / hour for 3 or 4 people
- 79 € / hour for 5 or 6 people.

In the private lessons, there are only some people who have the same level. If the level is too different, you need to take 2 instructors per level.

GROUP LESSONS:

There are maximum 8 people per group.

We are some group for children, adults, skiers, snowboarders.

The meetin gpoint for the Petit Yeti group will be at Montchavin and Les Coches at 9:00 and at Les Coches after, except the Panda and Yetison group.

PANDA: for the children from 3 years old. The meeting point is at the snowgarden at Montchavin **YETISON:** for the children 4 and 5 years old. The meeting point is at the snowgarden.

PETIT YETI: for the children from 6 years who never skied before or for the children who have the Yetison group.

YETI 1: for the children who have the Petit Yeti

YETI 2: for the children who have the Yeti 1

YETI 3: for the children who have the Yeti 2

SUPER YETI: for the children who have the Yeti 3

JUNIOR ACADEMY 1: for the children who have the Super Yeti

JUNIOR ACADEMY 2: for the children who have the Junior Academy 1

ADULT BEGINNERS: for the people from 12 years old, never skied before

ADULT CLASS 1: for the people who skied one week before (can turn with snowplough, not parallel)

SNOWBOARD BEGINNERS: for the people from 10 years old who never do snowboard before **SNOWBOARD 1:** for the people who do one week before.

CHILDCARE:

In the ski school, we are a childcare. It's possible before the lessons and after the lessons with the lunch. The times depend the week you come.

DOG SLEDGE

<u>Description</u>: people are sat in the sledge, it takes 30 minutes approximately, 2 sledges are availables in the same times. In the first sledge the total of your weights is maximum 200 kgs and 150 kgs in the second sledge.

Activity days:

Christmas holiday: Wednesday, Thursday and Friday

In January : Thursday

February holidays: Wednesday, Thursday and Friday

March and April: Thursday and Friday

<u>Timing</u>: 9:30, 10:30, 11:15, 13:00, 14:00, 14:45 and 15:30.

Prices 2017-2018:

- 89 € for the sledge of 2 people
- 119 € for the sledge of 3 people with a maximum of 2 adults and 1 child between 3 to 10 years old
- 129 € for the sledge of 4 people with a maximum of 2 adults and 2 children between 3 to 5 years old

Meeting point: at Plan Bois, in the middle of the slopes. You can go there by ski, but the ski shoes are forbidden in the sledge, so, you need to take an other pair for the activity. You can go there also by walking with the Lac Noir telecabin from Les Coches. At the top, you will walk 5 - 10 minutes to arrive at Plan Bois where the dogs will wait you in front of the first chalet.

You can put skis, ski shoes, bags in the chalet.

Equipements: You must take some warm stuff.

FAT BIKE DESCENT

Description: It's a bike made for the snow and the sand. It had some extra wide tyres.

When you are ready, you take the Les Coches and Lac Noir telecabin to start the activity at 1800m high.

After a briefing, you go down by the blue slope to go to Montchavin. The descent takes 1h approximately.

Number of people: 4 to 7 people, with a moutain bike guide.

<u>Height</u>: The height minimum is 1m60. We don't have some children fat bike.

Days possibles: Wednesday and Thursday.

Meeting point : At Evolution 2 at Montchavin at 4:00 in december and January and at 4:30 from february.

Equipements necessary : High shoes (snowboard shoes are forbidden because they are too wide), gloves, ski pass or ticket for Lac noir and Les Coches bubbles.

You need to tie your trousers down about the bike.

Equipements included: Helmet, back protection, bike, light

Prices: 45 € per person.

RENTAL FAT BIKE

Description: You rent some fat bikes for 2h. The bikes are forbidden on the ski area.

Number of people: 4 Fat Bikes available.

Height: The minimum height is 1m60..

Meeting point : Evolution 2 at Montchavin

Equipements necessary: High shoes (snowboard shoes are forbidden because they are too wide, gloves, ski pass or ticket for Lac noir and Les Coches bubbles.

You need to tie your trousers down about the bike.

Equipements included: Helmet, back protection, bike, light

Prices: 30 € per person for 2h.

SNOWSHOES HIKING

Age: adults and children from 8 years old, for every level

Number of people: from 6 to 8 people, For a bigger group, contact us

Days and timing: Tuesday, Thursday and Friday from 9:30 to 12:00

The program can change belong the conditions.

Meeting point : Evolution 2 Montchavin, at the bottom of the Les Coches telecabin

Equipment necessary: snowshoes (50% discount off in our shops), lift pass (it depends the outing), hiking shoes (not Moon boots) bag back with water, snack, warm clothes, solar cream, sun glasses.

Prices 2017-2018:

25 € / adult and 19 € / child between 8 and 14 years old.

PARAGLIDING

<u>Description:</u> Make a dream come true like everybody, flying. The flies are only for the skiers. The departure is in the middle of the ski area. You will discover Montchavin and Les Coches in the air. This activity is not possible for the pedestrians.

Days and timing: every day, especially in the morning.

Meeting point: at the top of Arpette or Bijolin, it depends the conditions

Prices 2017-2018:

- Les Bauches fly from 5 to 7 minutes : 60 €

- Les Coches fly from 10 to 15 minutes : 80 €

– Montchavin fly 20 minutes : 100 €

- Valley fly 45 minutes : 130 €

TEPEE EVENING

Description: The meeting point is at Les Coches at 6:00 pm. After a short briefing, you will walk with our guide during 1h hour approximatly with snowshoes. When you arrive at the tepee village, a savoyard aperitif wait you. It will be some dogs sledges. For the descent, you will have 2 possilities: snowshoes or dog sledge by 2 or 3 people.

Prices:

- 48 € / person for the descent in snowshoes

- 60 € / person for the descent in dogs sledge

Number of people: 6 to 13 people.

Age: minimum 6 years old

Activity days: From 5th february to 16th march, every day

Meeting point : Les Coches, top telecabin coming from Montchavin

ALTITUDE EVENING

Description : After a short briefing, you will walk during 1 hour with our guide Jessica. When you arrive at the altitude restaurant, a savoyard dinner will wait you.

Prices: 65 € / adult et 60 € / children between 8 to 10 years old.

The dinner is included and the material.

Number of people: 6 to 8 people

Age: minimum 8 years old

Activity days: Wednesday and Thursday

Meeting point : Les Coches at the top telecabin coming from Montchavin at 6:00

pm.

SNOWMOBILE

<u>Description</u>: After a short briefing of 10 minutes, you discover the La Plagne ressorts at the end of the day during 50 minutes.

You need to have 18 years old minimum to drive and 12 years old minimum to be passenger

Days available: every day

Meeting point : Plagne Centre.

Timing: 1h

Prices:

- 95€ per snowmobile for 1 or 2 people
- 35€ for the passenger backside the guide

Number of people: Maximum 13 people (6 snowmobile)

TORCHLIGHT DESCENT

<u>Description</u>: from the Yeti 2 class, the children can join at the torchlight descent on Thursday during the holiday with their instructor. Those who don't take some lessons with us can join us too.

Meeting point : at Montchavin and 10 minutes after at Les Coches. You start from Les Coches to go to Montchavin by the Mont Blanc slope. The srtating time depends the period.

<u>Days:</u> only during the holidays, so 2 thursdays on Christmas and 4 thursdays at February.

Equipment: no poles

Price: 5 € / person

QUINZY / IGLOO

<u>Description</u>: You will walk in the snow with snowshoes to the Igloo village where an aperitif will wait you. After that, you will walk to the restaurant for a savoyard dinner. The next day, in the morning, you can discover the place with a little hiking with the guide.

<u>Timing:</u> night, departure at 6:00 pm from Montchavin, return at 11:00 am the next day.

Day available: Thursday evening

Number of people: maximum 8 people, 2 people per igloo.

Age: 9 years old minimum

Prices 2017-2018:

- 100 € / person

Meeting point : At Montchavin

Equipment included: Sleeping bag, mattress, snowshoes, poles.

SNAKE GLISSE

<u>Description</u>: from 6 to 12 sledges are tied together. You take the Les Coches and Lac Noir telecabin at the end of the day to start the activity at 1800m high.

You finish at Montchavin.

Equipment: Helmets and gloves are needed, You must take the lift pass or the Les Coches and Lac Noir telecabin ticket.

Number of people : 6 to 12 people (children from 8 years old). If you are more, the other people can take some parets / yooners. You can swap during the descent.

Days available : On Wednesday and Thursday

Price: 20 € / people.